



FOR IMMEDIATE RELEASE

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GROUP MEETS ON THIRD THURSDAY OF EACH MONTH

Broadlawns to Hold Lupus and Fibromyalgia Support Group

DES MOINES, Iowa (February 14, 2007) — Beginning March 15, Broadlawns Medical Center will hold free support group meetings for those who suffer from Lupus or Fibromyalgia. The group setting strengthens the support experience through a blend of personalities and interests. Meetings take place in the hospital's Ingersoll Conference Room from 7 p.m. to 8:30 p.m. on the third Thursday of each month.

All Des Moines-area residents with Fibromyalgia or Lupus are encouraged to attend. Each session will begin with refreshments, followed by a planned program on a topic related to Fibromyalgia and/or Lupus. The support group is free of charge, and concerned friends and family members are welcome to attend as well.

For more information, contact Paulette Ihrig at 515-282-2458 or by e-mail at pihrig@broadlawns.org.

- **What:** Lupus and Fibromyalgia Support Group
- **When:** 7 p.m. to 8:30 p.m., on the third Thursday of each month, beginning March 15 and ending November 15
- **Where:** Ingersoll Conference Room at Broadlawns Medical Center, 1801 Hickman (Use the pharmacy entrance on the east side of the hospital.)
- **Whom:** People with Lupus or Fibromyalgia, and concerned friends and family members
- **Cost:** Free
- **Contact:** Paulette Ihrig at 515-282-2458 or by e-mail at pihrig@broadlawns.org